The "Family Network Social" invites

Parents/Caregivers of Transition Age Youth to Join Our North Central Family Network



Please join us for networking and resource sharing with PPAL and other parents of transition age youth (14-25).

Together we will share our successes and challenges with raising a child with emotional and behavioral health needs. Come learn helpful tips and tools while creating a new support network.

Hope to see you there!

Where:

Families and Communities
Together
Community Healthlink Office
100 Erdman Way
Leominster, Ma 01453

When:

Evening group is held on the 1'st Thursday of the month from 5:30–7:00pm

Morning group is held on the 3'rd Thursday of the month from 10-11:30am
Light snacks and beverages served.



To RSVP or for more information please contact Ann or the PPAL office at

<u>aberube@ppal.net</u> <u>parentsupportgroup@ppal.net</u> 508-767-9725